Waxing

	U
HD BROWS *patch test required	€40
Brow Wax & Tint *patch test require	ed€15
Brow Threading	€15
Brow Wax	€10
Brow Tint	€10
Eyelash Tint	€10
Lip & Chin Wax	€15
Lip Wax	€10
Brow, Lip & Chin Wax	€18
Brow Threading	€15
Brow Trio	€25
Lash Lift	€45

Treatments

Shellac Gel Polish	.€30
Gel Nail Extensions	€45
Gel Nail Refills	.€40
Gel Overlays	€45
*Mini Manicure with a polish of your choice	.€30
*Mini Pedicure with polish of your choice	€30
*Luxury Pedicure	.€50
Relax in our Massage, Spa Pedi chair and let us treat yo	our fee

Soak, exfoliate, cuticle work, file and shape toe nails, hard skin removal, foot mask in heated boots, massage and finish off with a polish of your choice.

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add shellac gel polish for an extra €15 "all waxing and tinting requires a patch test 24 hours in advance

Packages

Relax & Revive

Full Body Sugar Glow Exfoliation

Coconut oil infused sugar is massaged gently to remove dead skin and encourage the growth of new cells leaving the skin soft, moisturised and silky smooth to the touch.

Warm Aloe Vera Body Wrap

This soothing Aloe Vera Body Wrap is pure relaxation.

Relaxing Back Massage

A deeply relaxing massage to loosen up your upper back, neck and shoulders using a blend of essential oils to relieve the stresses

of the day.



Serenity

Full Body Sugar Glow Exfoliation

Coconut oil infused sugar is massaged gently to remove dead skin and encourage the growth of new cells leaving the skin soft, moisturised and silky smooth to the touch.

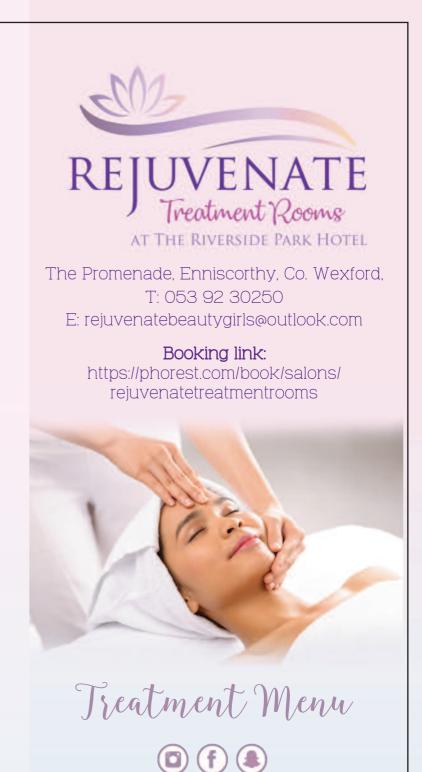
Relaxing Back Massage

A deeply relaxing massage to loosen up your upper back. neck and shoulders using a blend of essential oils to relieve the stresses of the day.

Mini Facial

A wonderful treat for the skin.





Body Treatments

Luxurious Full Body Sugar Glow Exfoliation €50 Coconut oil infused sugar is massaged gently to remove dead skin and encourage the growth of new cells leaving the skin soft, moisturised and silky smooth to the touch.

Foaming Coconut and Poppy Seed Body Exfoliation ...€50 A Coconut and Poppy Seed Souffle is massaged into the body to gently remove dead skin and encourage better circulation, this is followed by a warm shower to foam up the souffle leaving the skin super soft and fragrant.

Warm Aloe Vera body Wrap€50 This soothing Aloe Vera Body Wrap is pure relaxation. Your body is covered in warm Aloe Vera Gel and you are left to relax and give the aloe vera time to penetrate into your skin. This is a lovely treatment to have after your body exfoliation.

A truly relaxing treatment! Enjoy a Dermalogica Mini Facial and Head Massage while you relax in a Warm Coconut and Aloe Vera Body Wrap followed by a Warm Shower

Coconut Back Bliss€75 Using all the elements of a Facial using our Organic Coconut and Poppy Seed Products, but especially tailored for your Back including a relaxing Head Massage.

Snug as a Bug€90 A two-part treatment to warm you up on a cool day! A soothing Warm Aloe Vera Body Wrap followed by a Hot Stone Back Massage. You will just want to curl up in front of the fire after this one!

Relaxing Back Massage€50 A deeply relaxing massage to loosen up your upper back. neck and shoulders using a blend of essential oils to relieve the stresses of the day.

stiffness and increases circulation using an assortment of Basalt Stones. Basalt Stones hold the heat, and when used with oil give you the most relaxing experience. Full Body Massage€90 Take time out for yourself with a relaxing Full Body Massage. Ideal for stress relief, improving blood circulation. A blend of essential oils will be massaged into your skin leaving you feeling relaxed and stress free. Pregnancy Back Massage€50 Pregnancy Full Body Massage €95 Pregnancy Massage is a wonderful and must-have therapy that can be enjoyed from 12 weeks into your pregnancy right Back of Body Bliss €80 A 50 minute massage concentrating on the back of the body using a special blend of essential oils and coconut oil. A truly relaxing treatment Foot and Leg Massage€50 On your feet all day? Active Lifestyle? Constantly wearing those high heels? This is for you! Sooth away those aches

Hot Stone Back Massage €60

Hot Stone Massage helps melt away tension, ease muscle

and pains with a targeted foot and leg massage, leaving you walking on air.

Dermalogica Pro 30 Facial€45 This is a Mini facial which includes skin cleansing, exfoliation, mask and a moisturising treatment. Great way of introducing you to Dermalogica Skincare. A perfect pick me up for tired and dull skin and ideal for a lunch break treat!

Dermalogica Pro 60 Facial€70 Your Dermalogica Skin specialist will assess your skin before treatment. This skin treatment is truly revolutionary because each step is customised by your skin therapist based on your skin needs. Each treatment is unique to each individual client. Your treatment includes a double cleanse, exfoliation, full facial massage and mask leaving your skin refreshed and

The Ultimate Facial €120 Two treatments in one! Start off with Dermaplaning which removes peach fuzz hair and dead skin followed by a Microdermabrasion treatment. The combination of these two treatments will leave your skin glowing and refreshed.

Dermaplaning is a cosmetic treatment in which dead skin cells and peach fuzz are removed leaving the skin clean and glowing.

Skinbase Microdermabrasion Facial €70 This Facial treatment provides instant results by exfoliating the outer layers of the skin to reveal a younger more vibrant skin underneath. Perfect for aging skin as it visibly reduces fine lines and wrinkles. Excellent results on acne scaring. nigmentation and sun damaged skin. A wonderful treat for the skin before a special event, a big hit for Brides to Be.

Holos Natural Skincare Facial €70 55 minute Facial using Holos Skincare products. A rich and luxurious facial using Holos Skincare suitable for all skin types.

Collagen Induction Therapy €100 A Dermaroller Device is used to gently micro puncture the skin to encourage the production of collagen which will leave your skin looking brighter and clearer. The purpose of these ultratiny wounds is to help the skincare products you use after

you dermaroll penetrate deeper into your skin, making them

Ear Piercing using the Inverness Piercing System. Price includes earrings and cleaning solution.

even more effective.