

## CONTINENTAL BREAKFAST

### Selection of tasty cereals

- Cornflakes (1)
- Coco Pops (1)
- Rice Krispies (1)
- Muesli (1,5,6,7,8,11)
- Porridge (1)
- Weetabix (1)

### Continental breakfast buffet

A selection of freshly baked homemade scones, breads and pastries from our baker's oven. Selection of fresh fruits and locally sourced Wexford Killowen yoghurts (1,3,6,7,8)

### Assortment of juices

- Orange juice
- Apple juice
- Grapefruit juice
- Cranberry juice

### Coffee and specialty herbal tea's

Freshly ground Italian roast 100% arabica coffee

### A full selection of Java Republic herbal teas

- Earl grey
- Pure peppermint
- Chamomile
- Lemon
- Ginger
- Wild berry

All our breakfast is prepared fresh and to order and products are sourced by our executive head chef Dave Anderson from local producers and farms within the Wexford and Slaney valley.

## FULL BREAKFAST HOT FROM THE GRILL

### Full Irish breakfast

Lean centre cut bacon, fresh fried egg from Bunclody Farm, O'Neill's pork sausage, grilled tomato, Loughnanes white pudding, sautéed mushroom and grilled hash brown.

\*Black pudding available on request  
(1,3,7,12)

### Tradition at it's best

Lean centre cut bacon, fresh fried egg from Bunclody Farm, O'Neill's pork sausage and grilled tomato  
(1,3,7,12)

### Catch of the day

Grilled Kilmore Quay fish of the day freshly caught and served with a seasonal salad & lemon wedge  
(1,4,7,10)

### Belgian sugar waffles

Served with maple syrup (1,3,6,7,8)

### Gourmet breakfast

Bunclody Farm fresh scrambled eggs with Ballyhack smokehouse artisan smoked salmon and freshly chopped chives served on homemade toasted brown bread (1,3,4,6,7,8,11)

For residents on a breakfast included package there is a €2.60 supplement for the Gourmet Breakfast

### Vegan quesadilla

Baked flour tortilla filled with hummus, baby spinach, cherry tomatoes, mushrooms, vegan mozzarella & vegan pesto served in a cast iron skillet with grilled tomato & hash brown (1,6,11)

### Gluten free breakfast

Freshly cooked gluten free sausages, lean centre cut bacon, fresh fried egg from Bunclody Farm, sautéed mushrooms and grilled tomato (3,7)

### Vegetarians feast

Fresh fried egg from Bunclody Farm, grilled tomato, sautéed mushrooms, baked beans and grilled hash brown  
(1,3,7)

*All foods are prepared in a kitchen that contain nuts, sesame seeds or traces thereof*